



MARGARET RIVER A-Z BELLYDANCE RETREAT 'THE SOMATIC EXPERIENCE'

SCHEDULE Arrive by Thu 11 Jan 5pm, depart by 10am Mon 15 Jan

FRIDAY 12 JAN

10.30am-11am	Introduction
11am-1pm	Original A-E Seeds
1pm-2pm	Lunch
2pm-3pm	Original F-J Folkloric
3pm-4pm	Original K-O Taqsim
4pm-4.30pm	Afternoon tea
4.30pm-5.30pm	Original P-T Stagecraft
5.30pm-6.30pm	Original U-Z Veil/Drum
7pm	Dinner

SATURDAY 13 JAN

8.30am-9.30am	Breakfast
10am-11am	Public session 'Somatic Bellydance'
11am-1pm	Public session 'SAIDI' Choreography
1pm-2pm	Lunch
2pm-3pm	Advanced A-E Classical
3pm-4pm	Advanced F-J Folkloric
4pm-5pm	Advanced K-O Egyptian Classics
6pm-9pm	Dinner & Soiree (relaxed hafla/performances welcome)

SUNDAY 14 JAN

8.30am-9.30am	Breakfast
10am-11am	Advanced P-T Theatre styles
11am-12noon	Advanced U-Z Drums/fusion
12noon-1pm	Overview Original & Advanced
1pm-2pm	Lunch
2pm-3pm	Teacher's Forum
	Projects, Curriculum & Assessment
6pm	Out into Margaret River for Dinner